

Snack Calendar: July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14 Extra Care Day: banana and vanilla wafers	15 Extra Care Day apple sauce and graham crackers	16 Extra Care Day apple slices and Cheez-its	17
18	19 Extra Care Day apple sauce and granola bar	20 Extra Care Day grapes and veggie straws	21 banana and vanilla wafers	22 pears and Multigrain Cheerios	23 apple slices and Cheez-its	24
25	26 cheese stick and Ritz crackers	27 tortilla chips and salsa	28 yogurt and graham crackers	29 raisins and pretzels	30 bagel with cream cheese	31

*Nutrigrain bar flavors to include strawberry, mixed berry, apple, blueberry *Yogurt flavors to include: strawberry, mixed berry, blueberry, vanilla, cherry

**Aftercare snack to include Ritz Crackers, Wheat Thins, Cheez-Its, pretzels, banana, raisins, cheese stick, applesauce

Snack Calendar: August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 banana and vanilla wafers	3 yogurt and graham crackers	4 carrots, ranch, and granola bar	5 raisins and pretzels	6 bagel with cream cheese	7
8	9 raisins and Chex mix	10 apple sauce and granola bar	11 carrots, ranch, and goldfish	12 grapes and veggie straws	13 yogurt and Nutrigrain bar	14
15	16 grapes and veggie straws	17 raisins and Wheat Thins	18 popcorn and grapes	19 apple sauce and graham crackers	20 raisins and Goldfish	21
22	23 yogurt and graham crackers	24 carrots, ranch, and granola bar	25 banana and Multigrain Cheerios	26 pears and vanilla wafers	27 apple sauce and Nutrigrain bar	28
29	30 apple sauce and granola bar	31 grapes and veggie straws	1 raisins and Chex mix	2 grapes and veggie straws	3 yogurt and Nutrigrain bar	4

*Nutrigrain bar flavors to include strawberry, mixed berry, apple, blueberry *Yogurt flavors to include: strawberry, mixed berry, blueberry, vanilla, cherry

**Aftercare snack to include Ritz Crackers, Wheat Thins, Cheez-Its, pretzels, banana, raisins, cheese stick, applesauce

Snack Calendar: September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 apple sauce and granola bar	31 grapes and veggie straws	1 raisins and Chex mix	2 grapes and veggie straws	3 yogurt and Nutrigrain bar	4
5	6 Labor Day No School	7 raisins and Wheat Thins	8 banana and vanilla wafers	9 apple sauce, graham crackers	10 apple slices and Cheez-its	11
12	13 yogurt and graham crackers	14 carrots, ranch, and granola bar	15 bagel and cream cheese	16 pears and vanilla wafers	17 apple sauce and Nutrigrain bar	18
19	20 carrots, ranch, Wheat Thins	21 raisins and pretzels	22 yogurt and graham crackers	23 pears and Multigrain Cheerios	24 cheese stick and Ritz crackers	25
26	27 Fall Break Begins	28	29	30	1	2

*Nutrigrain bar flavors to include strawberry, mixed berry, apple, blueberry *Yogurt flavors to include: strawberry, mixed berry, blueberry, vanilla, cherry

**Aftercare snack to include Ritz Crackers, Wheat Thins, Cheez-Its, pretzels, banana, raisins, cheese stick, applesauce

Snack Calendar: October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 Fall Break Begins	28	29	30	1	2
3	4	5	6	7	8	9
10	11 Extra Care Day apple sauce and granola bar	12 cheese stick and Ritz crackers	13 yogurt and graham crackers	14 tortilla chips and salsa	15 apple slices and veggie straws	16
17	18 raisins and Chex mix	19 apple sauce and granola bar	20 carrots, ranch, and goldfish	21 bagel with cream cheese	22 yogurt and Nutrigrain bar	23
24	25 bagel with cream cheese	26 Cheese stick and Ritz crackers	27 grapes and veggie straws	28 carrots, ranch, and Chex mix	29 apple slices and Goldfish	30
31	1 yogurt and graham crackers	2 grapes and Cheez-Its	3 grapes and veggie straws	4 tortilla chips and salsa	5 apple sauce and Nutrigrain bar	6

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**Aftercare snack to include Ritz Crackers, Wheat Thins, Cheez-Its, pretzels, banana, raisins, cheese stick, applesauce

Snack Calendar: November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 yogurt and graham crackers	2 grapes and Cheez-Its	3 grapes and veggie straws	4 tortilla chips and salsa	5 carrots, ranch, and Wheat Thins	6
7	8 apple sauce and Nutrigrain bar	9 pears and multigrain cheerios	10 bagel and cream cheese	11 No School Veterans Day	12 apple slices and Cheez-its	13
14	15 raisins and Chex mix	16 tortilla chips and salsa	17 yogurt and Nutrigrain bar	18 bagel with cream cheese	19 carrots, ranch, and goldfish	20
21	22 Cheese stick and Ritz crackers	23 pretzels, carrots, and ranch	24 No School	25 Thanksgiving Day No School	26 No School	27
28	29 cheese stick and Ritz crackers	30 carrots, ranch, and granola bar	1 apple sauce and Nutrigrain bar	2 apple slices and vanilla wafers	3 yogurt and graham crackers	4

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**Aftercare snack to include Ritz Crackers, Wheat Thins, Cheez-Its, pretzels, banana, raisins, cheese stick, applesauce, grapes, apples

Snack Calendar: December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 cheese stick and Ritz crackers	30 carrots, ranch, and granola bar	1 apple sauce and Nutrigrain bar	2 apple slices and vanilla wafers	3 yogurt and graham crackers	4
5	6 apple sauce and granola bar	7 oranges and veggie straws	8 yogurt and graham crackers	9 pears and Multigrain Cheerios	10 cheese stick and Ritz crackers	11
12	13 cheese stick and Wheat Thins	14 tortilla chips and salsa	15 bagel with cream cheese	16 carrots, ranch, and goldfish	17 Extra Care Day apple slices and graham crackers	18
19	20 Winter Break	21	22	23	24	25
26	27	28	29	30	31	1

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**Aftercare snack to include Ritz Crackers, Wheat Thins, Cheez-Its, pretzels, banana, raisins, cheese stick, applesauce, grapes, apples

Snack Calendar: January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3 Extra Care Day raisins and Chex mix	4 apple sauce and granola bar	5 banana and graham crackers	6 grapes and veggie straws	7 oranges and goldfish	8
9	10 Fall Registration raisins and Wheat Thins	11 banana and vanilla wafers	12 apple sauce and graham crackers	13 oranges and Goldfish	14 apple slices and Cheez-its	15
16	17 Dr. Martin Luther King, Jr. Day No School	18 yogurt and graham crackers	19 apple sauce and Nutrigrain bar	20 tortilla chips and salsa	21 bananas and vanilla wafers	22
23	24 apple sauce and granola bar	25 grapes and veggie straws	26 yogurt and graham crackers	27 pears and Multigrain Cheerios	28 cheese stick and Ritz crackers	29
30	31 oranges and graham crackers	1 tortilla chips and salsa	2 raisins and Chex mix	3 grapes and veggie straws	4 yogurt and Nutrigrain bar	5

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Snack Calendar: February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31 cheese stick and Wheat Thins	1 tortilla chips and salsa	2 raisins and Chex mix	3 grapes and veggie straws	4 yogurt and Nutrigrain bar	5
6	7 oranges and granola bar	8 carrots, ranch, Wheat Thins	9 apple sauce, graham crackers	10 popcorn and grapes	11 apple slices and Cheez-its	12
13	14 yogurt and graham crackers	15 oranges and granola bar	16 apple sauce and Nutrigrain bar	17 tortilla chips and salsa	18 banana and vanilla wafers	19
20	21 President's Day No School	22 grapes and veggie straws	23 yogurt and graham crackers	24 oranges and Multigrain Cheerios	25 cheese stick and Ritz crackers	26
27	28 bagel with cream cheese	1 Cheese stick and Ritz crackers	2 raisins and Goldfish	3 carrots, ranch, and Chex mix	4 popcorn and oranges	5

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**Aftercare snack to include Ritz Crackers, Wheat Thins, Cheez-Its, pretzels, banana, raisins, cheese stick, applesauce, grapes, apples

Snack Calendar: March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 bagel with cream cheese	1 Cheese stick and Ritz crackers	2 raisins and Goldfish	3 carrots, ranch, and Chex mix	4 popcorn and oranges	5
6	7 apple sauce and granola bar	8 tortilla chips and salsa	9 popcorn and grapes	10 yogurt and graham crackers	11 apple slices and Cheez-its	12
13	14 Spring Break Begins	15	16	17	18	19
20	21	22	23	24	25	26
27	28 Extra Care Day bagel with cream cheese	29 banana and vanilla wafers	30 raisins and Wheat Thins	31 grapes and Chex mix	1 apple slices and Cheez-its	2

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**Aftercare snack to include Ritz Crackers, Wheat Thins, Cheez-Its, pretzels, banana, raisins, cheese stick, applesauce, grapes, apples

Snack Calendar: April 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 Extra Care Day bagel with cream cheese	29 banana and vanilla wafers	30 raisins and Wheat Thins	31 grapes and Chex mix	1 apple slices and Cheez-its	2
3	4 cheese stick and Ritz crackers	5 grapes and veggie straws	6 raisins and Goldfish	7 tortilla chips and salsa	8 baby carrots, ranch, Wheat Thins	9
10	11 cheese stick and Wheat Thins	12 banana and vanilla wafers	13 bagel with cream cheese	14 apple sauce and granola bar	15 yogurt and Nutrigrain bar	16
17	18 apple sauce, graham crackers	19 veggie straws and grapes	20 bagel with cream cheese	21 banana and vanilla wafers	22 yogurt and graham crackers	23
24	25 yogurt and graham crackers	26 banana and Multigrain Cheerios	27 apple sauce and Nutrigrain bar	28 apple slices and vanilla wafers	29 grapes and Cheez-Its	30

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**Aftercare snack to include Ritz Crackers, Wheat Thins, Cheez-Its, pretzels, banana, raisins, cheese stick, applesauce, grapes, apples

Snack Calendar: May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 yogurt and Nutrigrain bar	3 grapes and veggie straws	4 apple sauce and granola bar	5 pears and Multigrain Cheerios	6 apple slices and Cheez-Its	7
8	9 raisins and Chex mix	10 apple sauce and granola bar	11 apple sauce and graham crackers	12 grapes and veggie straws	13 yogurt and Nutrigrain bar	14
15	16 apple sauce and graham crackers	17 banana and vanilla wafers	18 raisins and Wheat Thins	19 bagel with cream cheese	20 yogurt and graham crackers	21
22	23 yogurt and graham crackers	24 banana and Multigrain Cheerios	25 raisins and Wheat Thins	26 applesauce and graham crackers	27 Extra Care Day apple sauce and Nutrigrain bar	28
29	30	31				

*Nutrigrain bar flavors to include strawberry, mixed berry, apple, blueberry *Yogurt flavors to include: strawberry, mixed berry, blueberry, vanilla, cherry

**Aftercare snack to include Ritz Crackers, Wheat Thins, Cheez-Its, pretzels, banana, raisins, cheese stick, applesauce, grapes, apples