

Snack Calendar: October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Fall Break Begins	4	5	6	7	8
9	10	11	12	13	14	15
16	17 Extra Care Day Apple Sauce and Granola Bar	18 Grapes and Veggie Straws	19 Pretzels and Cheese Stick	20 Yogurt and NutriGrain Bar	21 Apple Slices and Cheeze-Its	22
23	24 Banana and Granola Bar	25 Bagel and Cream Cheese	26 Apple Sauce and Graham Crackers	27 Pear and Vanilla Wafers	28 Tortilla Chips and Salsa	29
30	31 Carrots w/ Ranch and Goldfish					

*Nutrigrain bar flavors to include strawberry, mixed berry, apple, blueberry *Yogurt flavors to include: strawberry, mixed berry, blueberry, vanilla, cherry

**Aftercare snack to include Ritz Crackers, Wheat Thins, Cheez-Its, pretzels, granola bars, bananas, apples, grapes, raisins, cheese sticks, applesauce

Snack Calendar: November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Apple Slices and Veggie Straws	2 Pears and MultiGrain Cheerios	3 Apple Sauce and Granola Bar	4 Mandarin Oranges and Ritz Crackers	5
6	7 Club Crackers and Cucumber Slices	8 Carrots w/ Ranch and Chex Mix	9 Yogurt and Graham Crackers	10 Grapes and Veggie Straws	11 Veterans Day No School	12
13	14 Pretzels and Cheese Stick	15 Yogurt and NutriGrain Bar	16 Apple Slices and Cheeze-Its	17 Tortilla Chips and Salsa	18 Bagel and Cream Cheese	19
20	21 Apple Sauce and Graham Crackers	22 Pear and Vanilla Wafers	23 No School	24 Thanksgiving Day No School	25 No School	26
27	28 Yogurt and Graham Crackers	29 Carrots w/ Ranch and Goldfish	30 Apple Slices and Veggie Straws			

*Nutrigrain bar flavors to include strawberry, mixed berry, apple, blueberry *Yogurt flavors to include: strawberry, mixed berry, blueberry, vanilla, cherry

**Aftercare snack to include Ritz Crackers, Wheat Thins, Cheeze-Its, pretzels, granola bars, bananas, apples, grapes, raisins, cheese sticks, applesauce

Snack Calendar: December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Mandarin Oranges and Ritz Crackers	2 Club Crackers and Cucumber Slices	3
4	5 Carrots w/ Ranch and Chex Mix	6 Yogurt and Graham Crackers	7 Grapes and Veggie Straws	8 Pretzels and Cheese Stick	9 Yogurt and NutriGrain Bar	10
11	12 Apple Slices and Cheeze-Its	13 Tortilla Chips and Salsa	14 Bagel and Cream Cheese	15 Apple Sauce and Graham Crackers	16 Pear and Vanilla Wafers	17
18	19 Banana and Granola Bar	20 Carrots w/ Ranch and Goldfish	21 Apple Slices and Veggie Straws	22 Pears and MultiGrain Cheerios	23 Extra Care Day Apple Sauce and Granola Bar	24
25	26 Winter Break Begins	27	28	29	30	31

*Nutrigrain bar flavors to include strawberry, mixed berry, apple, blueberry *Yogurt flavors to include: strawberry, mixed berry, blueberry, vanilla, cherry

**Aftercare snack to include Ritz Crackers, Wheat Thins, Cheez-Its, pretzels, granola bars, bananas, apples, grapes, raisins, cheese sticks, applesauce